



2026 2ND HALF EDITION

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Vice President - Kathy Pentecost

VicePresident@AFTACWCC.org

Director At Large - (Vacant)

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Treasurer@AFTACWCC.org

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AsstTreasurer@AFTACWCC.org

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Asst Secretary - Ken Breitwieser

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Webmaster - Bob Fitzgerald

Webmaster@AFTACWCC.org

A WORD FROM THE PREZ AND NEWSLETTER EDITOR

CHANGE IS HARD

John Culbert

Throughout our lives, we go through a lot of changes: growing up and escaping from our parents; getting married and learning to live with a new housemate; converting from a civilian to a military member and then back to a civilian. Whew, that's just the surface stuff.

AFTAC-WCC has been going through changes over the past few years. The Executive board members have changed; active membership has become very lean to the point that no one shows up for special events; heck, we can't even get all the board members together for a meeting. So now it's time to make another change.

Over the next few months, we will be working to collapse our operation. We will start by contacting life members to offer them a free pass to join the very active Florida reunion group. Once all that administrative work is done, AFTAC-WCC will shut down; first, no meetings, then the web page will shut off. We may try to have an annual event, like a dinner or picnic.

Here are some Practical Strategies to deal with change in your life -

- Focus on what you can control: *List the parts of the situation you can change and let go of the rest.*
- Maintain daily routines: *Keep regular sleep, meal, and exercise schedules to act as personal anchors.*
- Acknowledge your feelings: *Allow yourself to feel sadness, stress, or grief without judgment.*
- Practice mindfulness: *Stay in the present moment by breathing deeply or meditating for a few minutes each day.*
- Seek support: *Talk to trusted friends, family members, or professionals when you feel overwhelmed.*

Source: [Workplace Strategies for Mental Health](#)

CLOSING EVENTS

(by Bob Fitzgerald, WCC Webmaster)

FALL SOCIAL DINNER & LAST BUSINESS MEETING

Our “**LAST**” WCC General Business Meeting will be held in conjunction with our **FALL SOCIAL EVENT** beginning at **5 pm** (Pacific) on **Monday 14th of December**. It will be held live at **The Officer's Club (Lions Gate), 3410 Westover St., McClellan Park, CA 95652**.

(No ZOOM ☹. Sorry!)

FALL SOCIAL DINNER will be promptly from **5 pm to 6 pm**. All AFTAC Alumni are welcome to attend. We have reservations for 20 or so of us. Please do come, and let Webmaster@AFTACWCC.org know ahead of time that you'll be there.

***Note:** You may have to divide up the bill according to the meal(s) you've ordered and pay in CASH in order to speed things up. If you pay by credit card, you'll need to tell the waiter ahead of time and pay separately for your meals, which may take a bit longer to clear your tab. Bob Fitzgerald will be able to help you decide all this at dinner.*

LAST BUSINESS MEETING will begin at **6 pm**. Everyone is welcome to stay and join in the meeting. We don't expect the meeting to last more than 1 hour. **We expect to close out the AFTAC Alumni Association – West Coast Chapter officially at the end of our meeting.** *There is another meeting that will start at 7pm, so we do want to have ours completed and done by then.*

The **FUTURE FOR ALL AFTAC ALUMNI**: The AFTAC Headquarters Alumni Chapter in Florida has been really nice about taking all of our **LIFE** members and including them as LIFE members of their chapter. The President of the Florida Chapter (AFTACAA-FL) is **Ed Lindsay**. They have hundreds of members, and lots of activities going on in Melbourne, FL. Plus, they do have monthly meetings, **most** of which are on ZOOM and available for all members to attend. Piston_Horse@hotmail.com can let you know when those meetings will happen and how to log in to them. (Usually at 11:30 AM Eastern Time.) They also publish a great ~20-page newsletter, the “**Post Monitor**”, up to three times a year.

Their [HTTPS://AFTACAA.US](https://AFTACAA.US) website is also first-rate. Enjoy! 😊

Note: Our www.AFTACWCC.org and forwarding Email addresses will remain available only until July 30, 2027.

Thank you for the years of wonderful trips together, many, many events we've enjoyed together, including our AFTAC Worldwide Reunions, and all the really super photos and videos taken by myself primarily, and published in our newsletters and online on our website. We will remember all the good times and hope you do too!

God bless you all,

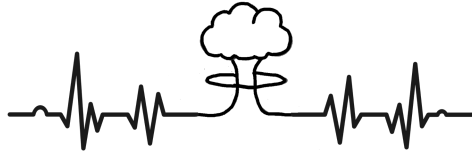
Bob Fitzgerald, Webmaster@AFTACWCC.org
(Real Email address: dcdrizle@pacbell.net)

MEMBERSHIP REPORT

By Allan Pentecost, Membership Chairman

As of September 14, 2026

Total Active Members = 115 Life Members = 113



“www.AFTACWCC.org”

Website Semi-annual Activity Report for the period 1 Apr 2026 – 30 Sep 2026

Submitted 1 October 2026 by Bob Fitzgerald, WCC Webmaster

**THIS WILL BE THE LAST REPORT FOR OUR WEBSITE.
IT WILL CLOSE BY 07/29/2027.**

	<u>Visitors</u>	<u>Highest</u> <u>Visitors Week</u>	<u>Total</u> <u>Sessions</u>	<u>Most Popular</u> <u>Page (#Sessions)</u>	<u>Next Most Popular</u> <u>Page (#Sessions)</u>
2Q26:	44,612**	4,922 (05/25)	45,908**	Departed (809)	Links (335)
3Q26:	28,950	5,070 (07/06)	30,484	Departed (1,548**)	Links (238)

**** These numbers have set new records for those categories of access to our website during any quarter.**

Visitors: This evaluation shows how many visitors accessed our website. Visitors are uniquely identified on the basis of the IP address and the browser ID. **If a visitor goes to our website more than once a day, only one visitor is counted.**

Sessions: This evaluation shows the number of sessions. A session starts when a visitor accesses our website and ends when he or she leaves it. A session ends automatically after 30 minutes without activity. **If a visitor goes to our website more than once a day, multiple sessions are counted.**

AFTAC-WCC CONTACT INFORMATION

AFTAC Alumni Association - West Coast Chapter

Email TOD.Alumni@AFTACWCC.org

Web www.AFTACWCC.org



FINAL FAREWELL

by Bob Fitzgerald, Webmaster & WCC Chairman of the Board of Directors

Our Chapter will close down at the end of this year. It has been a really wonderful last 30 years+ that I have been really involved in supporting the **West Coast Chapter** (WCC) of the AFTAC Alumni Association, which formed in July 1997 at the close of the TOD facility at McClellan AFB. I was a part of the WCC formation committee that year, and I created the first Website for the WCC and took the photos published on that site and in our first Newsletter of that event. I believe I even suggested the name of the Chapter, which was accepted and published in our Articles of Association.

For these past 45 years or so, I have been your Photographer, Newsletter editor, Reunion committee member, and many other duties that were needed to help our AFTAC "family" enjoy our relationship and stay together. I was involved in some small way in the first Reunion held here, which was announced, and promoted, by **Bart Bias** in his WFO Alumni Newsletter article of September 1982. I've been some small, or great, part of every AFTAC Worldwide Reunion held by WFO / 1155th TOS / TOD in Sacramento since that time.

I'll be 89 years old in December of this year, and I will always remember, and cherish those memories of all those I have been involved with, including those I worked with in McClellan Central Laboratory (4/1965-4/1967 and 10/1969-2/1977) and as NCOIC of Physics at Det 202 in Fairbanks, AK in between, before retiring, in 2/1977.

God bless all of you who have been a big part of my life and memories for all these years.

Bob Fitzgerald, MSgt dcdrizle@pacbell.net

Webmaster@AFTACWCC.org, Chairman of the Board of Directors, Asst. Fallout Editor, ZOOM Host, etc, etc.....

I once told a joke so corny that three empty seats got up and walked out

Halloween is right around the corner. You can tell because all the stores are decked out for Christmas - Stephen Colbert

I'm not lazy ... I'm just in energy-saving mode

Extreme Energy Density: Splitting just 1 pound of uranium produces as much energy as burning 3,000 tons of coal. {<https://kids.britannica.com/>}

How to ace the dreaded 'Tell me about yourself'

"Tell me about yourself." It's a classic question that haunts job seekers. Does the employer want a quick overview of your career? A detailed response with specifics about each position? A focus on your skills and achievements?

How you answer is critical, creating the right perception of who you are in relation to a company's needs. Communicate what distinguishes you, and as succinctly as possible. People want precise answers, not long-winded dissertations. Share a bit and see what response you get so you know where to go from there.

As a good job seeker, you will have researched the position and know how to tailor your answer so it supports the organization's specific needs.

Here are the beginnings of two types of answers that should help you get started developing your own response:

Achievement-focused response (*preferable, as it tells what you've delivered and can again*): "As I advanced rapidly from professional to management to organizational leadership, my teams and I delivered strong and sustainable results to key Air Force organizations ... 14% reduction in operating costs, 22% reduction in manpower requirements, 18% increase in productivity and 31% improvement in quality ratings. Would you like me to go into further detail about each of these experiences and the value I am able to bring to (company name)?"

Skills-based response (*when specific achievements are difficult to identify*): "Throughout my 15-year career with the Air Force, I acquired a strong set of qualifications in warehousing, logistics, purchasing and supply chain management. Based on my performance, I was promoted to positions with increased responsibilities, including several project management roles where I honed my skills in training and development."

There are other strategies you can use, depending on your career and situation. Your response should never be to recite your résumé; the goal is to expand on your career, share stories, showcase highlights and more.

Wendy Enelow is co-author of "Modernize Your Résumé: Get Noticed ... Get Hired" and other titles.
wendy@wendyenelow.com

Article extracted from THE AMERICAN LEGION MAGAZINE OCTOBER 2026





Depot Fallout

AFTAC Alumni Association - West Coast Chapter
AFTACAA-WCC, c/o 7595 Watson Wy, Citrus Heights, CA 95610
Email: TOD.Alumni@AFTACWCC.org



PLEASE PRINT

Name: _____
Last First MI Last Rank Held Nickname Name of Spouse

Addr: _____
Street, Apt #, etc. City State Zip Code

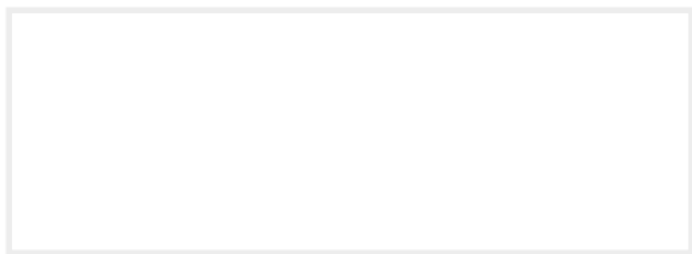
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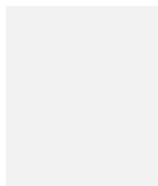
Support your West Coast Chapter: Please pass a copy of this form to your AFTAC Alumni friends. [From the Depot Fallout]

CHECK OUR WEBSITE AT www.AFTACWCC.org FOR THE LATEST WCC NEWS & PHOTOS



To:

== FIRST CLASS MAIL ==



RETURN ADDRESS
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c/o 7595 Watson Wy,
Citrus Heights, CA 95610